

St. Anne's Catholic Primary School



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09/01/2026

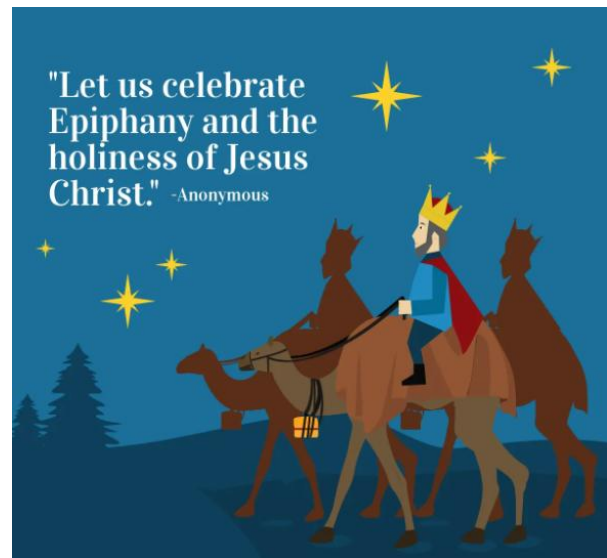
Welcome back!

We hope you enjoyed a great break from routine over the holidays and would like to wish you all a very happy new year! The children have all settled back into school very well and exciting new topic themes have begun!

Last Call ! Admissions for Reception 2026

If you have a child who is due to start school in Reception in September 2026 (those who have their 4th birthday between 1st September 2025 and 31st August 2026) the on-line application is now available. You must apply even if a brother or sister is already at the school. Go to www.lancashire.gov.uk/schools. It is quick and easy to do and you will receive email confirmation of your application. There is also a supplementary form for Catholic Primary schools which is available from the School Office. This should be completed and sent into school in support of the on-line application. The website closes on the 15th January 2026.

Reflection for the week



School Uniform

At St Anne's, we take great pride in our smart and distinctive school uniform. It reflects the high standards we uphold and fosters a sense of belonging and unity among all our children. When children wear their uniform with pride, they represent not only themselves but our entire school community

Full Uniform Is Essential

We kindly remind parents that all children are expected to wear the full school uniform every day. This includes school shoes—not trainers. Wearing the correct uniform helps maintain consistency and ensures that every child looks and feels part of our school.

Why Uniform Matters

Our uniform policy is about more than appearance; it promotes fairness and equality,

PE Kit

The school PE kit uniform consists of a school badged hoodie, House coloured, badged t-shirt and **either plain black or Navy jogging bottoms** (no logos and no leggings)

If your child does not have the badged hoodie, they must wear their school jumper/cardigan.

Jewellery

The only jewellery that should be worn to school is a watch. Earrings, necklaces, rings and bracelets are not permitted for health and safety reasons. Nail varnish and tattoos are not to be worn.

Your Support

If a child arrives without the correct uniform, we will contact parents and ask for the correct clothing to be brought to school. This ensures consistency and fairness for all.

Thank you for supporting our high standards and helping every child feel proud to belong.

The Children's Commissioner has published a **Guide for parents on managing children's digital lives**. For parents, the challenge is balancing protection from online harm with access to digital spaces essential for learning and play. Each week, I will publish on here a couple of pages from the guide. If you wish to access the guide in full, please see : <https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

MANAGING SCREEN TIME

What children think

- **The online world is not separate to children's offline worlds**
The online and offline worlds, for them, are interconnected and are both equally important parts of their lives where they learn, play and hang out with friends.
- **Almost all of them have social media accounts and go on them every day.**
They said that they prefer online platforms like Snapchat and TikTok, where they can watch short-form videos and communicate with their friends through images and videos.
- **There are a lot of reasons children value being able to be online.**
Some children felt it helps them to relax, while others explained that they have friends online, who they have met through shared interest groups, and that these friends are valuable to them. Often they feel that you don't understand these relationships.
- **Some feel addicted to their phones.**
They explained that when they see their devices, they feel an urge to pick them up, and some reported being online for several hours a day.
- **Many children said that the online world was a big part of your lives too.**
Children said that you often use the same platforms and apps that they do, but that they use them differently and access very different types of content. An exception to this was Snapchat, which many children use but few said their parents or carers were using.
- **Those who have rules for phone use at home said they follow them, mainly because the rules are explained to them clearly.**
Very few children said they break rules at home, even if they feel annoyed when the rules mean they cannot use their phones every time they want to. When asked not to use certain apps, they generally understand parental concerns, when explained, and abide by the rules set out.
- **Those with younger siblings were particularly supportive of having rules around phone use at home as they are concerned with protecting their younger siblings.**
They feel that their siblings need additional support around their phone use because their habits are different and they feel their younger siblings can exercise less control over their screen time.



Tips for setting rules on screen time

Social media and devices like smartphones are not designed with the best interests of children at heart. They are designed to keep people "on" them for as long as possible. Children are especially vulnerable to the features which are designed to keep people hooked online, which is why setting rules around device or phone use at home is important.

1 Set rules and explain them.
Children said that as much as they enjoy being able to use screens and the online world, they do not always feel in control and that they want rules to help them. Rules provide children with expectations of what is acceptable and give them clear boundaries. They said they generally abide by rules when they understand your concerns and reasoning behind them.

2 Rules should address two things: 1) The amount of time your child spends on their devices; 2) What your child is doing on their devices
You know your child better than anyone else, and you will know what rules and boundaries will be appropriate for them. As a rule of thumb, if you're worried about bringing up a topic, set a rule. For example you may want to be able to see who follows your child on TikTok. Trust your instincts and discuss with your child, explaining your feelings and reasoning.

3 Have a look at the Be Mindful section of the Digital 5 A Day
In the accompanying activity pack for ideas of ways to capture screen time and types of content your child is looking at to help start conversations about rules

4 Take a collaborative approach and ask your child what rules they think would be good.
But remember you are the adult and you should trust your instincts, building in their thoughts but setting rules that ultimately you are happy with.

"Don't be afraid to be firm, and if you are worried about that, your child is seeing harmful content and you don't know what they're watching and it's affecting their behaviour, just take it that you know best they don't."

"[Having rules] makes my focus kind of work, because if I'm on my phone [I'm distracted]"

"I think the best approach is to have an honest conversation about why managing screen time matters. The things like getting enough sleep, staying focused on school work, and creating a healthy balance is really important"

"Just don't break the trust ... don't suddenly go behind a child's back. I've known parents go in like, take pictures of like their social media profile and confront them about pictures or comments."

Children's ideas for rules at home:

1 **No phones at the dinner table.**

Mealtimes should be time to recharge and connect with each other.

2 **No devices in your child's bedroom.**

"A rule that I think is really important that I've always had was don't let your child sleep with their phone in their room ... stuff online tends to go wrong late at night...say your parents are asleep it's really easy to just sit up scrolling, watching things."

This could be discussed to be after a certain time in the evening to encourage healthy boundaries between rest and screen time, preventing unrestricted phone use late into the night.

3 **Have some phone-free time.**

Have a phone-free day or time at weekends or in the evening. Make it a family rule and enjoy time together without online distractions. For ideas, use the "getting off grid" activity in the activity pack to plan something you can all do together.

4 **Share why you're using your phone.**

Explain what you're doing if you use your phone in front of your child. Telling them that you are "looking something up" or "checking what time you're meeting someone" will show them that you are using it for constructive purposes.

High Achievers!

Class	St Anne's	St Anselm's	St Edmund's	St Benedict's
Rec	Toby Baldwin	Maya Modasia	Eason Duong	Lilah Allan & Desardo Hasanbashaj
1	Isabelle Cleece	Poppy Coulter	Franklin Dale, Ada Egelnick & Lottie Price	Noah Garside & Darcy Anderton
2	Lucy Keegan & Emily Salisbury	Bladen l'Anson	Jude Whitfield	Lucas Forbes Shaw
3	Harper-Lee Singleton	Hannah Russell	Lena Szczypta	Theodore Marsden
4	Harry Baldwin	Jaymin Modasia	Damon Sinclair	Christopher Ledson
5	Freda Perrai & Aaliyah Cartmel	Sianna Patel	Ivy Jenkinson. Jacob Ashton & Sophie Holden	Rowan Dickinson & Millis McIntosh
6	Jack Cleece	Delilah Yates	Martha Craig	Ams Kitchener & Harrison Walmsley

All of these High Achiever Awards will be presented at the next Celebration Assembly on Friday 23rd January

School App

Please make sure you have got the latest version of the School App. If you haven't got our App then please do so as soon as possible as this is our main channel for communication. Please contact the office if you have any School App issues.

PE Timetable Spring 1

All children are to come to school in their PE kit on their allocated day.
 Reception Class : Tuesday
 Year 1 : Thursday
 Year 2 : Tuesday
 Year 3 : Wednesday & Friday
 Year 4 : Monday & Thursday
 Year 5 : Tuesday & Friday
 Year 6 : Monday & Wednesday

On Parentpay :

Parentpay

Parent Pay is the method we use to collect any payments in school, including school visits. Please contact the office if you have any Parent Pay issues

Sports Clubs January 2026

Monday 5th Jan : 'Girls Can' Multisports Yrs 3,4,5 & 6 girls. For 5 weeks limited to 16 places

Tuesday 6th Jan : Dance Club Ys 3,4,5 & 6 with Miss Birchall and Mrs Flintoff . For 5 weeks limited to 20 places (FULL)

Wednesday 7th Jan Yrs 3,4,5 & 6. For 5 weeks limited to 16 places (FULL)

Toast is on Parentpay £6.00 for Jan - Feb half term

Year 6 : Towerwood payments

Diary Dates

We do like to provide diary dates as far in advance as possible but please keep checking as some dates may change and new dates will be added

In the New Year :

Friday 16th January : Whole School Inclusion Sports Festival : All children to wear PE kits to school

Monday 19th – Friday 23rd January : Mission Launch Week

Thursday 22nd January : 9.15am Family Mass in School : All parents are invited to join us

Friday 23rd January : Celebration Assembly : All parents are welcome to join us.

Friday 30th January : Celebration Assembly : All parents are welcome to join us.

Monday 2nd February : Year 3 visit to Manchester Museum

Friday 6th February : Y6 Class Assembly

Friday 6th February : Reception Class Welcome afternoon for Parents.

Wednesday 12th February : Year 1 & 2 visit to Imagine That! Liverpool

Friday 13th February : Runshaw College Performances for the whole school

Friday 13th February : School closes at 3.20pm (6pm ASC) for the half-term holiday

Monday 23rd February : School reopens at 8.45am (7.45am Breakfast Club)

Thursday 5th March : Bikeability Year 5

Thursday 12th March : Bikeability Year 5

Wednesday 18th March : Year 5 visit to Catalyst Science Discovery Centre

Thursday 19th March : Year 5 Lancashire Sings Workshop

Thursday 19th March : Easter Bingo

Monday 23rd March : Year 3 & 4 Production of Joseph and his Amazing Technicolour Dreamcoat 10am & 6pm

Friday 27th March : Whole School Talent Show

Friday 27th March : Rock Steady Concert 2.30pm

Friday 27th March : School closes for Easter 3.20pm (4.30pm ASC)

Messages not to be missed!

The School car park

We are very fortunate to have a large car park which we allow parents/visitors to make use of. This can only remain the case if all car park users adhere to our safety rules. Any parents/visitors to school wishing to use the school car park **MUST park only in designated bays. Disability marked spaces are only to be used by holders of a blue badge.** If car park users choose not to follow these safety rules, you will be asked to move your car. Please understand, anyone asking you to move your vehicle is doing this for the safety of our school community.

Scooters (electric or otherwise) and bikes are not permitted to be ridden on the school premises. This is to safeguard all in the community, especially our younger members. Many thanks in anticipation of your support.

Contacts

Please inform the School Office of any changes to address, telephone numbers, emergency contacts etc.. as soon as possible. Thank you

Uniform

Please ensure all uniform is labelled so any lost items can be returned. If anyone requires any 'good as new' uniform, we have a good stock in school of generously donated items so please speak to Lisa or ask at the office. Any further donations would be gratefully received.

Communication

Our School website information about school, our routines and our policies. Newsletter links are emailed and App messaged weekly on a Friday and are also available on the website. If you have any questions about anything, please do contact the school office. If you wish to speak with your child's class teacher, please contact the school office to make an appointment. We believe in working closely with children, parents and families and welcome your ideas and views.

Medications

If your child suffers with asthma and has an inhaler, please bring a labelled inhaler to the school office to complete the medical forms for us to retain in school.

You are warmly invited to

West Paddock's Warm and Welcome



Tuesday's 15:30 - 16:30

Come along for a warm welcome from the
Children's and Family Wellbeing Service



Nurture Parenting is a 10 week course that emphasises the importance of emotional support, positive discipline, and strong parent-child relationships in a child's development.



Nurture Parenting focuses on creating a safe and loving environment where children feel valued and understood.

Key elements include: Emotional Health, Positive Discipline, Empathy and Understanding and Quality Parenting .



Please scan the QR code to book a place.



Riding the Rapids is a free 10 week course for parents/carers of children and young people with a diagnosis of Autism, a severe learning disability or those who are on the pathway.



The course aims to help parents to understand and support their child's behaviour, in the context of additional needs.



The course is delivered to parents/carers of children who are within primary education.



Please scan the QR code to book a place.

ONE STOP SHOP

A monthly drop in for families to access advice and support.



Primary Mental Health Team

No need to book,
Just turn up



21/01/26
18/2/26
18/3/26

3rd
Wednesday
of the month
9:30 -
11:30am

School Nurse



we are
withyou



Pathway Navigator

NHS Lancashire & South Cumbria NHS Foundation Trust
Advice about School Age Autism pathway processes



West Paddock Family Hub
West Paddock
Leyland, PR25 1HR



Weigh Stay & Play

We provide lots of exciting activities for you and baby to support your child's brain development. The group provides professional and peer support for new parents/carers. Discuss key subjects such as safer sleep, ICON, baby brain development, physical development and much more.



Check out our timetable on



Magical Moments

Magical Moments welcomes all children aged 0-5 who have Special Educational needs or Disabilities, or are awaiting assessment and would benefit from our calm and supportive space



The group offers free and structured play to help with development plus a supportive atmosphere for parents and carers. Siblings also welcome.

FREE snack provided



Check out our timetable on



BABY SENSORY

CHECK OUT OUR TIMETABLE ON



SPECIALLY SELECTED ACTIVITIES TO HELP STIMULATE AND DEVELOP YOUR BABIES SENSES AND LEARNING THROUGH PLAY.



MEET OTHER PARENTS/CARERS WITH BABIES OF A SIMILAR AGE AND YOU NEVER KNOW, YOU OR YOUR BABY MIGHT END UP MAKING LIFELONG FRIENDS!



NO NEED TO BOOK - JUST TURN UP!

HORIZONS

DO YOU SUFFER WITH LOW MOOD?

FEEL LIKE YOU NEED SOME SUPPORT?

HORIZONS IS A FREE, FRIENDLY GROUP FOR ALL PARENTS WHO ARE STRUGGLING WITH THEIR EMOTIONAL HEALTH AND WELLBEING AND WOULD LIKE SOME SUPPORT FROM OUR FRIENDLY STAFF



WE OFFER A SAFE ENVIRONMENT, USING HOLISTIC METHODS TO SHOW YOU HOW EVEN THE SIMPLEST OF THINGS CAN IMPROVE YOUR WELLBEING AND HELP YOURSELF & YOUR FAMILY TOO!

CONNECT WITH OTHERS. HAVING A SUPPORT SYSTEM IS CRUCIAL FOR GOOD MENTAL HEALTH. REACH OUT TO FRIENDS, FAMILY, OR A MENTAL HEALTH PROFESSIONAL IF YOU NEED TO TALK OR RECEIVE GUIDANCE.

SCAN THE QR CODE TO BOOK ON OR VISIT
WWW.LANCASHIRE.GOV.UK/EVENTS



YOU'RE INVITED TO JOIN

STORY CORNER



CHECK OUT OUR TIMETABLE ON



COME AND JOIN US FOR A FREE, FUN AND INTERACTIVE GROUP TO HELP YOUR TODDLER GET SCHOOL READY!



FREE SNACK INCLUDED!
SUITABLE FOR MOBILE CHILDREN - 4 YEARS



THIS GROUP INVOLVES DEVELOPING CHILDREN'S COMMUNICATION AND LANGUAGE SKILLS THROUGH READING, RHYMES AND IMAGINATIVE PLAY

THIS GROUP GIVES PARENTS THE OPPORTUNITY TO GAIN CONFIDENCE WITH HELPING YOUR CHILD'S DEVELOPMENT AND PEER SUPPORT



FREE Snack Provided

NEW GROUP ON SATURDAYS
@ WEST PADDOCK 9:30-11am
FORTNIGHTLY FROM 10/1/26

For primary aged Children with SEND



COLOURFUL FOOTSTEPS

Free group suitable for primary aged children with SEND

THIS GROUP AIMS TO PROVIDE A SPACE FOR CHILDREN WITH SEND TO DEVELOP SOCIAL AND EMOTIONAL SKILLS ALONG WITH BUILDING THEIR CONFIDENCE AND RESILIENCE. THE SESSION PROVIDES LOTS OF ENGAGING ACTIVITIES BOTH PHYSICAL AND EMOTIONAL FOR THE CHILDREN INCLUDING SOFT PLAY, GAMES AND ARTS & CRAFTS



FREE GROUP FOR MOBILE CHILDREN - 4 YEARS

MINI MOVE & GROOVE

These sessions support your child to adopt a healthy lifestyle through physical play and activities, including gross and fine motor skills, dance along songs, games and so much more!

FREE SNACK INCLUDED



CHECK OUT OUR TIMETABLE ON



BABY & YOU

No need to book - just turn up!



Check out our timetable on



Baby weigh sessions on alternate weeks

WHY PLAY WITH US?

We provide lots of exciting activities for you and baby to support your child's brain development. The group provides professional and peer support for new parents/carers. Meet and network with other new parents/carers and their babies to play and discuss key subjects such as safer sleep, ICON, baby brain development, physical development and much more.



SUITABLE FOR NEWBORN - MOBILE BABIES



SEND

Peer Support Drop In

With Community Seniors/Family Hub Navigator



**Every 3rd Wednesday
of the month**

**9:30am – 11:30am
West Paddock Family
Hub
PR25 1HR**

**Peer Support drop in
for parents/carers
of children with SEND**



**Partner agencies will
join some of our drop ins, such as**

**SENDIAS, Key,
Primary Mental
Health Workers,
ASD Pathway Navigator,
Educational Psychologists,
Barnardo's, Lancashire Positive
Minds and
Lancashire Parent
Career Forum**



Break Time

Fun group activities for children and young people with SEND in Lancashire

Don't forget!

Registrations will be open from
Monday 27th October 2025
to
Sunday 18th January 2026

Both new and current members must register!

www.lancashire.gov.uk/SEND



or scan:



lancashire.gov.uk/SEND



Lancashire
County Council



01524 434343



WHAT'S ON... Regular Events

MONDAY	9.30-NOON	COFFEE LOUNGE
	10.00-11.30 <i>2nd Monday of month</i>	LEGO (all welcome)
	9.00-NOON	MUMS & TOTS
	1.15-3.30 EVERY 2 WEEKS	WIDOWS WELCOME
	2.00-3.00	Do Fitness
TUESDAY	9.30-NOON	COFFEE LOUNGE
	5.30-7.30	DRAMA GROUP (over 16)
	3.30-5.30 <i>1st Tuesday of Month</i>	LEGO (families)
	6.00 - 8.00 <i>1st Tuesday of Month</i>	LEGO (Adults)
WEDNESDAY	11AM-2PM	WARM SPACE <i>October - April</i>
	12 NOON <i>1st WED OF MONTH</i>	COMMUNITY LUNCH
THURSDAY	9.30-NOON	COFFEE LOUNGE
	11.15am-12.15pm	DO FITNESS
	1.00-3.00 <i>2ND THURS OF MONTH. BOOKING ESSENTIAL 07880790749</i>	MUSIC & AFTERNOON TEA
	7.00-11.00 <i>LAST THURS OF MONTH</i>	CEILIDH CLUB
FRIDAY	9.30-NOON	COFFEE LOUNGE
	10.00-12NOON	MANKIND MEN'S GROUP



**St. Mary's
Community Centre
What's On**

Date	Event	For	
Saturday 11 th October	An Audience with Shaun Wallace	Fundraising for Community Centre & SLEAP	Tickets on sale in Coffee Lounge and Online Doors open @ 7.00pm All ticket event SOLD OUT
Sunday 19 th October	Craft fair	Community & Fundraising	Range of Craft Stalls Open 11.00 – 2.00 Coffee lounge open
Friday 24 th October	Plaque Reveal & Entertainment	The whole Community	Open evening 6.30 – 9.00pm community centre Thanks to everyone who contributed to the new toilet facilities. Uncovering the plaque 7.00
Thursday 30 th October	LEGO & Lunch	Community Families	You arrive 10.30 choose your LEGO build Followed by lunch 12.30 Pizza & Chips Check posters need to book FREE
Friday 31 st October	Pumpkin Party	Community Families	Family Pumpkin Party Any fancy dress – carved pumpkin competition (LED candle only) Hot dogs and snacks for children.
Friday 21 st November	Quiz Night	Community	Doors open 7 for 7.30 start. Teams of up to 5 £1 per head
Friday 12 th December	Bingo	Community and Family	Bingo tickets 50p per book Doors open 6.00 for 6.30 start Hot dogs and snacks for children.
Sunday December 14 th	Children's Christmas Shop	Community Families	Specially selected gifts for children to purchase for parents, grandparents and family Open 11.00 am – 2.00pm
Monday December 22nd	Christmas Film	Community Families	Family Christmas Film Night – early visit from Santa Doors open 6.00 for 6.30 start Hot dogs and snacks for children.