

# St. Anne's Catholic Primary School



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## Our New Mission

Next week we will be introducing our new mission statement. Our original Mission Statement, 'Aspire to be more' was founded in 2014. Since then, there have been several changes to staff, Governors and families. A few months ago, I asked parents, Governors, Staff and Children what makes our school special and what they want our school to be. The new Mission will be revealed at Assembly on Monday morning. Following this, all classes will be participating in special activities throughout the week. On Thursday we are holding our Mission Mass at 9.15am. All parents are warmly invited to join us for this occasion. Tea and Coffee will be served after Mass for all our visitors. We do hope you can join us

## Reflection for the week



Today we have all enjoyed an **Inclusion Sports Festival** where the children have learnt how to play curling, blindfolded ball games and seated bowling. As well as lots of



fun, this festival teaches how nothing is impossible and how sporting activities are open to all regardless of any disability.

The Children's Commissioner has published a **Guide for parents on managing children's digital lives**. For parents, the challenge is balancing protection from online harm with access to digital spaces essential for learning and play. Each week, I will publish on here a couple of pages from the guide. If you wish to access the guide in full, please see :

<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

# WHEN BAD THINGS HAPPEN ONLINE

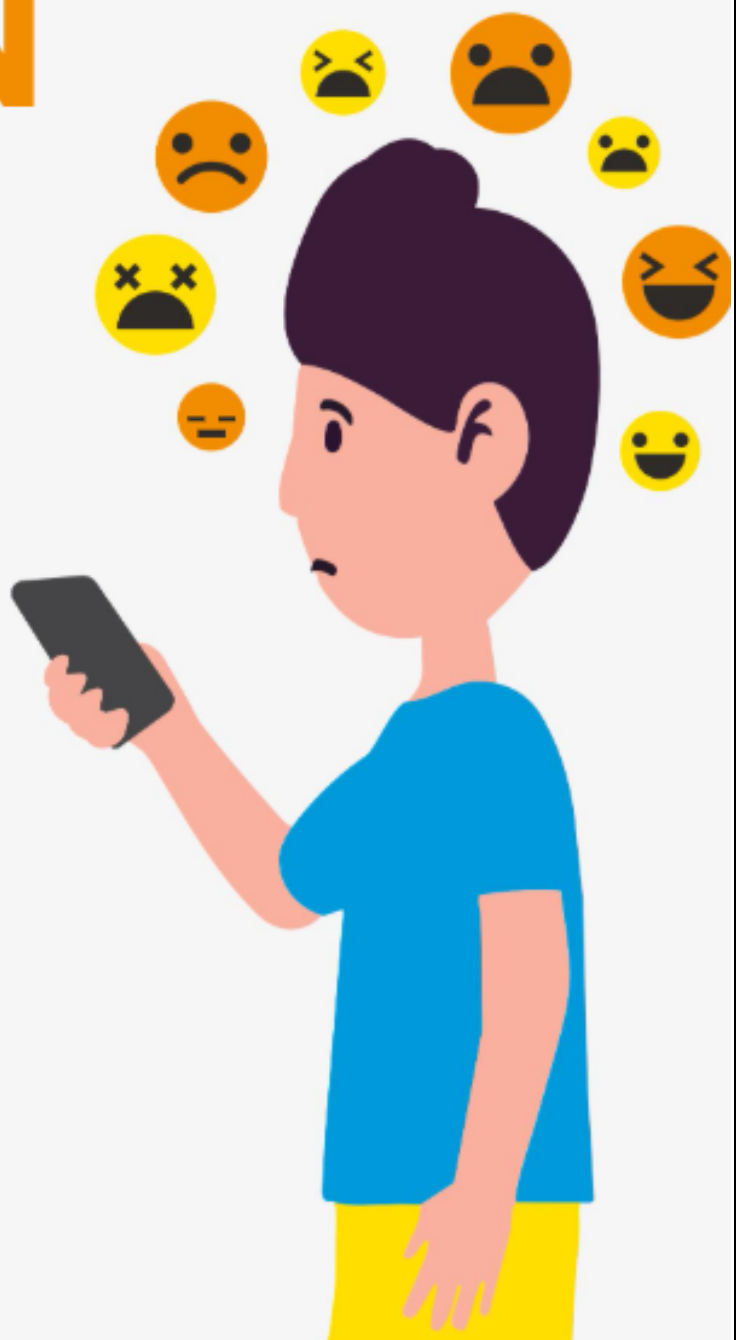
The Online Safety Act is now in place, but the online world is still far from safe for children.

I released my [previous guide](#) to parents and carers to help them speak to their children about one of the most distressing kinds of online interaction – online sexual harassment and abuse.

My office and countless others have been working to reduce the risk of harm to children online, but there is still work left to do. This means that children are still having harmful experiences online and it is important that you understand how to talk to your children about their experiences and give them the help they need.

**“Children are still having harmful experiences online”**

What happens when children go online is not always in their control, but they often walk away feeling responsible for what happens there. It is really important that children are able to talk to someone about their experiences online, especially when something goes wrong.



## What children think

- **They accept that bad things can happen and see it as an inevitable part of being online.**  
Children feel they can handle these experiences but, in reality, may not be fully equipped to manage them alone.
- **Children know that some harmful experiences they face would shock their parents.**  
This includes being contacted by strangers online, often through escalating interactions. Children also report seeing pornography, being approached by people selling things, and having intimate images of peers shared. If your child talks to you about something shocking, give them space to share and know how to support them. See the signposting section of this guide for advice on what to do when things go wrong online.
- **They are worried about how you will react.**  
The decision to tell an adult when something goes wrong online comes down to how they think you would react.
- **The harmful experiences children find more concerning include cyberbullying and content that glamourises self-harm and suicide.**  
They said for these concerns they want support from the adults around them. This guide includes signposting to services should harm occur online.
- **When something bad happens online, most children said they wouldn't speak to their parents or carers first, if at all.**  
These children said they rarely have honest conversations with their parents about their online lives. They worry parents won't understand or stay calm, and fear their phones might be confiscated. As a result, they often try to handle issues themselves or with a friend.

"[people are] friendly and then they kind of ask random things like out of nowhere. Maybe what you look like or your address".



## Tips for dealing with bad things happening:

- 1 Use parental controls, but check in regularly with children about how they feel these are working.**  
"Children are going to try their hardest to bypass parental controls and screen time limits [...] it needs to be [...] a collaborative approach where the parent and the child kind of decide together, kind of compromise."
- 2 Set clearly thought out, specific boundaries on social media usage and consequences for inappropriate use - and explain them.**  
Have times built in to discuss changes to restrictions e.g. loosening them with age or applying different restrictions to certain apps that you feel are particularly harmful.
- 3 Confiscating your child's phone doesn't always have to be the answer when something goes wrong.**  
Children said they worry about losing their phones or having them taken away as punishment, and that stops them asking for help. You may instead want to think about setting rules about safe boundaries and usage. See "setting rules" section for more help with this. Be honest about the situations that would result in their phone being taken and come to an agreement about this so they know it could happen and the reasons behind it. And importantly, stick to these.
- 4 Know how and where to report things.**  
It is never ok for a child to be harmed or put at risk, so know that you are right to report something bad if it happens. Social media platforms have reporting functions, but you may want to go to a third party because platforms response times and outcomes vary. This guide has links to support and reporting services you can go to if something goes wrong online or you think your child is at risk.

## Here are some reporting services you can use in specific situations:

### Online sexual abuse or grooming

You can report your concerns directly to [CEOP](#), the National Crime Agency's Child Exploitation and Online Protection Command. You can also call the police.

### Bullying

For information on how to support your child if you suspect they are being bullied, visit the [NSPCC website](#). Childline are available to talk to online, on the phone, any time. Your child can call 0800 1111 or visit their website.

### Nude image sharing

If your child is worried a sexual image or video of them may have been shared online, they can report to [Childline](#) and the Internet Watch Foundation's [Report Remove tool](#). This helps children and young people report an image or video shared online, to see if it is possible to get it removed.

### Speak to your child's school

They should have a policy to deal with incidents of bullying and sexual harassment/abuse and can help you to support your child.



## Signs to look out for

We asked children which behaviours might signal that something has gone wrong online. Here are the themes they mentioned.



Children's behaviour can change for a number of reasons. If you notice any of these, consider whether online behaviour or experiences could explain the change. Have a look at the [Signposting to other support services](#) page for places you can go for advice including where you can get immediate help.

## On Parentpay :

### Parentpay

Parent Pay is the method we use to collect any payments in school, including school visits. Please contact the office if you have any Parent Pay issues

### Sports Clubs January 2026

**Monday 5<sup>th</sup> Jan : 'Girls Can' Multisports Yrs 3,4,5 & 6 girls.** For 5 weeks limited to 16 places

**Tuesday 6<sup>th</sup> Jan : Dance Club Ys 3,4,5 & 6** with Miss Birchall and Mrs Flintoff . For 5 weeks limited to 20 places (FULL)

**Wednesday 7<sup>th</sup> Jan Yrs 3,4,5 & 6.** For 5 weeks limited to 16 places (FULL)

### Payment Items

**Year 6 : Towerwood June 2025 payments**

**Year 3 : Manchester Museum 2<sup>nd</sup> February**

**Years 1 & 2 : Imagine That! 12<sup>th</sup> February**

**Year 5 : Towerwood October 2026 payments**

## Diary Dates

*We do like to provide diary dates as far in advance as possible but please keep checking as some dates may change and new dates will be added*

### In the New Year :

**Friday 16<sup>th</sup> January : Whole School Inclusion Sports Festival : All children to wear PE kits to school**

**Monday 19<sup>th</sup> – Friday 23<sup>rd</sup> January : Mission Launch Week**

**Thursday 22<sup>nd</sup> January : 9.15am Family Mass in School : All parents are invited to join us**

Friday 23<sup>rd</sup> January : Celebration Assembly : All parents are welcome to join us.

Friday 30<sup>th</sup> January : Celebration Assembly : All parents are welcome to join us.

Monday 2<sup>nd</sup> February : Year 3 visit to Manchester Museum

Friday 6<sup>th</sup> February : Y6 Class Assembly

Friday 6<sup>th</sup> February : Reception Class Welcome afternoon for Parents.

Thursday 12<sup>th</sup> February : Year 1 & 2 visit to Imagine That! Liverpool

Friday 13<sup>th</sup> February : Runshaw College Performances for the whole school

Friday 13<sup>th</sup> February : School closes at 3.20pm ( 6pm ASC) for the half-term holiday

Monday 23<sup>rd</sup> February : School reopens at 8.45am (7.45am Breakfast Club)

Thursday 5<sup>th</sup> March : Bikeability Year 5

Thursday 12<sup>th</sup> March : Bikeability Year 5

Wednesday 18<sup>th</sup> March : Year 5 visit to Catalyst Science Discovery Centre

Thursday 19<sup>th</sup> March : Year 5 Lancashire Sings Workshop

Thursday 19<sup>th</sup> March : Easter Bingo

Monday 23<sup>rd</sup> March : Year 3 & 4 Production of Joseph and his Amazing Technicolour Dreamcoat 10am & 6pm

Friday 27<sup>th</sup> March : Whole School Talent Show

Friday 27<sup>th</sup> March : Rock Steady Concert 2.30pm

Friday 27<sup>th</sup> March : School closes for Easter 3.20pm (4.30pm ASC)

# Messages not to be missed!

### School App

Please make sure you have got the latest version of the School App. If you haven't got our App then please do so as soon as possible as this is our main channel for communication. Please contact the office if you have any School App issues.

### PE Timetable Spring 1

All children are to come to school in their PE kit on their allocated day.

Reception Class : Tuesday

Year 1 : Thursday

Year 2 : Tuesday

Year 3 : Wednesday & Friday

Year 4 : Monday & Thursday

Year 5 : Tuesday & Friday  
Year 6 : Monday & Wednesday

### The School car park

We are very fortunate to have a large car park which we allow parents/visitors to make use of. This can only remain the case if all car park users adhere to our safety rules. Any parents/visitors to school wishing to use the school car park **MUST park only in designated bays. Disability marked spaces are only to be used by holders of a blue badge.** If car park users choose not to follow these safety rules, you will be asked to move your car. Please understand, anyone asking you to move your vehicle is doing this for the safety of our school community.

**Scooters (electric or otherwise) and bikes** are not permitted to be ridden on the school premises. This is to safeguard all in the community, especially our younger members. Many thanks in anticipation of your support.

### Contacts

Please inform the School Office of any changes to address, telephone numbers, emergency contacts etc.. as soon as possible. Thank you

### Uniform

Please ensure all uniform is labelled so any lost items can be returned. If anyone requires any 'good as new' uniform, we have a good stock in school of generously donated items so please speak to Lisa or ask at the office. Any further donations would be gratefully received.

### Communication

Our School website information about school, our routines and our policies. Newsletter links are emailed and App messaged weekly on a Friday and are also available on the website. If you have any questions about anything, please do contact the school office. If you wish to speak with your child's class teacher, please contact the school office to make an appointment. We believe in working closely with children, parents and families and welcome your ideas and views.

### Medications

If your child suffers with asthma and has an inhaler, please bring a labelled inhaler to the school office to complete the medical forms for us to retain in school.

You are warmly invited to

# West Paddock's Warm and Welcome



Tuesday's 15:30 - 16:30

Come along for a warm welcome from the Children's and Family Wellbeing Service



Nurture Parenting is a 10 week course that emphasises the importance of emotional support, positive discipline and strong parent-child relationships in a child's development.



Nurture Parenting focuses on creating a safe and loving environment where children feel valued and understood.

Key elements include: Emotional Health, Positive Discipline, Empathy and Understanding and Quality Parenting .



Please scan the QR code to book a place.



Riding the Rapids is a free 10 week course for parents/carers of children and young people with a diagnosis of Autism, a severe learning disability or those who are on the pathway.



The course aims to help parents to understand and support their child's behaviour, in the context of additional needs.



The course is delivered to parents/carers of children who are within primary education.



Please scan the QR code to book a place.

# ONE STOP SHOP

A monthly drop in for families to access advice and support.



Primary Mental Health Team

No need to book, Just turn up



21/01/26  
18/2/26  
18/3/26

3<sup>rd</sup> Wednesday of the month  
9:30 - 11:30am

School Nurse



we are withyou



Pathway Navigator



Advice about School Age Autism pathway processes



West Paddock Family Hub  
West Paddock  
Leyland, PR25 1HR



## Weigh Stay & Play

We provide lots of exciting activities for you and baby to support your child's brain development. The group provides professional and peer support for new parents/carers. Discuss key subjects such as safer sleep, ICON, baby brain development, physical development and much more.



Check out our timetable on



## Magical Moments

Magical Moments welcomes all children aged 0-5 who have Special Educational needs or Disabilities, or are awaiting assessment and would benefit from our calm and supportive space



The group offers free and structured play to help with development plus a supportive atmosphere for parents and carers. Siblings also welcome.

FREE snack provided



Check out our timetable on



Lancashire  
County Council

## BABY SENSORY

CHECK OUT OUR TIMETABLE ON



SPECIALLY SELECTED ACTIVITIES TO HELP STIMULATE AND DEVELOP YOUR BABIES SENSES AND LEARNING THROUGH PLAY.



MEET OTHER PARENTS/CARERS WITH BABIES OF A SIMILAR AGE AND YOU NEVER KNOW, YOU OR YOUR BABY MIGHT END UP MAKING LIFELONG FRIENDS!

NO NEED TO BOOK - JUST TURN UP!



## HORIZONS

### DO YOU SUFFER WITH LOW MOOD?

FEEL LIKE YOU NEED SOME SUPPORT?

HORIZONS IS A FREE, FRIENDLY GROUP FOR ALL PARENTS WHO ARE STRUGGLING WITH THEIR EMOTIONAL HEALTH AND WELLBEING AND WOULD LIKE SOME SUPPORT FROM OUR FRIENDLY STAFF

WE OFFER A SAFE ENVIRONMENT, USING HOLISTIC METHODS TO SHOW YOU HOW EVEN THE SIMPLEST OF THINGS CAN IMPROVE YOUR WELLBEING AND HELP YOURSELF & YOUR FAMILY TOO!

CONNECT WITH OTHERS. HAVING A SUPPORT SYSTEM IS CRUCIAL FOR GOOD MENTAL HEALTH. REACH OUT TO FRIENDS, FAMILY, OR A MENTAL HEALTH PROFESSIONAL IF YOU NEED TALK OR RECEIVE GUIDANCE.

SCAN THE QR CODE TO BOOK ON OR VISIT  
[WWW.LANCASHIRE.GOV.UK/EVENTS](http://WWW.LANCASHIRE.GOV.UK/EVENTS)



YOU'RE INVITED TO JOIN

# STORY CORNER



CHECK OUT OUR TIMETABLE ON



COME AND JOIN US FOR A FREE, FUN AND INTERACTIVE GROUP TO HELP YOUR TODDLER GET SCHOOL READY!



FREE SNACK INCLUDED!  
SUITABLE FOR MOBILE CHILDREN - 4 YEARS



THIS GROUP INVOLVES DEVELOPING CHILDREN'S COMMUNICATION AND LANGUAGE SKILLS THROUGH READING, RHYMES AND IMAGINATIVE PLAY

THIS GROUP GIVES PARENTS THE OPPORTUNITY TO GAIN CONFIDENCE WITH HELPING YOUR CHILD'S DEVELOPMENT AND PEER SUPPORT



NEW GROUP ON SATURDAYS @ WEST PADDOCK 9:30-11am FORTNIGHTLY FROM 10/1/26

FREE Snack Provided

For primary aged Children with SEND



# COLOURFUL FOOTSTEPS

Free group suitable for primary aged children with SEND

THIS GROUP AIMS TO PROVIDE A SPACE FOR CHILDREN WITH SEND TO DEVELOP SOCIAL AND EMOTIONAL SKILLS ALONG WITH BUILDING THEIR CONFIDENCE AND RESILIENCE. THE SESSION PROVIDES LOTS OF ENGAGING ACTIVITIES BOTH PHYSICAL AND EMOTIONAL FOR THE CHILDREN INCLUDING SOFT PLAY, GAMES AND ARTS & CRAFTS



FREE GROUP FOR MOBILE CHILDREN - 4 YEARS

# MINI MOVE & GROOVE

These sessions support your child to adopt a healthy lifestyle through physical play and activities, including gross and fine motor skills, dance along songs, games and so much more!

FREE SNACK INCLUDED



CHECK OUT OUR TIMETABLE ON



# BABY & YOU

No need to book - just turn up!



Check out our timetable on



Baby weigh sessions on alternate weeks

WHY PLAY WITH US?

We provide lots of exciting activities for you and baby to support your child's brain development. The group provides professional and peer support for new parents/carers. Meet and network with other new parents/carers and their babies to play and discuss key subjects such as safer sleep, ICON, baby brain development, physical development and much more.

SUITABLE FOR NEWBORN - MOBILE BABIES





# SEND

## Peer Support Drop In

With Community Seniors/Family Hub Navigator



**Every 3<sup>rd</sup> Wednesday  
of the month**

**9:30am – 11:30am  
West Paddock Family  
Hub  
PR25 1HR**

**Peer Support drop in  
for parents/carers  
of children with SEND**



**Partner agencies will  
join some of our drop ins, such as**

**SENDIAS, Key,  
Primary Mental  
Health Workers,  
ASD Pathway Navigator,  
Educational Psychologists,  
Barnardo's, Lancashire Positive  
Minds and  
Lancashire Parent  
Career Forum**



# Break Time

*Fun group activities for children and young people with SEND in Lancashire*

*Don't forget!*

Registrations will be open from  
*Monday 27th October 2025*  
to  
*Sunday 18th January 2026*

Both new and current  
members must register!

[www.lancashire.gov.uk/SEND](http://www.lancashire.gov.uk/SEND)



or scan:



[lancashire.gov.uk/SEND](http://lancashire.gov.uk/SEND)



**Lancashire**  
County  
Council



01524 434343



## WHAT'S ON... Regular Events

<b>MONDAY</b>	9.30-NOON	COFFEE LOUNGE
	10.00-11.30 2 <sup>nd</sup> Monday of month	LEGO (all welcome)
	9.00-NOON	MUMS & TOTS
	1.15-3.30 EVERY 2 WEEKS	WIDOWS WELCOME
	2.00-3.00	Do Fitness
<b>TUESDAY</b>	9.30-NOON	COFFEE LOUNGE
	5.30-7.30	DRAMA GROUP (over 16)
	3.30-5.30 1 <sup>st</sup> Tuesday of Month	LEGO (families)
	6.00 - 8.00 1 <sup>st</sup> Tuesday of Month	LEGO (Adults)
<b>WEDNESDAY</b>	11AM-2PM	WARM SPACE October - April
	12 NOON 1 <sup>st</sup> WED OF MONTH	COMMUNITY LUNCH
<b>THURSDAY</b>	9.30-NOON	COFFEE LOUNGE
	11.15am-12.15pm	DO FITNESS
	1.00-3.00 2 <sup>ND</sup> THURS OF MONTH. BOOKING ESSENTIAL 07880790749	MUSIC & AFTERNOON TEA
	7.00-11.00 LAST THURS OF MONTH	CEILIDH CLUB
<b>FRIDAY</b>	9.30-NOON	COFFEE LOUNGE
	10.00-12NOON	MANKIND MEN'S GROUP



**St. Mary's  
Community Centre  
What's On**

Date	Event	For	
Saturday 11 <sup>th</sup> October	An Audience with Shaun Wallace	Fundraising for Community Centre & SLEAP	Tickets on sale in Coffee Lounge and Online Doors open @ 7.00pm All ticket event <b>SOLD OUT</b>
Sunday 19 <sup>th</sup> October	Craft fair	Community & Fundraising	Range of Craft Stalls Open 11.00 – 2.00 Coffee lounge open
Friday 24 <sup>th</sup> October	Plaque Reveal & Entertainment	The whole Community	Open evening 6.30 – 9.00pm community centre Thanks to everyone who contributed to the new toilet facilities. <b>Uncovering the plaque 7.00</b>
Thursday 30 <sup>th</sup> October	<b>LEGO &amp; Lunch</b>	Community Families	<b>You arrive 10.30 choose your LEGO build Followed by lunch 12.30 Pizza &amp; Chips Check posters need to book FREE</b>
Friday 31 <sup>st</sup> October	Pumpkin Party	Community Families	Family Pumpkin Party Any fancy dress – carved pumpkin competition (LED candle only) Hot dogs and snacks for children.
Friday 21 <sup>st</sup> November	Quiz Night	Community	Doors open 7 for 7.30 start. Teams of up to 5 £1 per head
Friday 12 <sup>th</sup> December	Bingo	Community and Family	Bingo tickets 50p per book Doors open 6.00 for 6.30 start Hot dogs and snacks for children.
Sunday December 14 <sup>th</sup>	Children's Christmas Shop	Community Families	Specially selected gifts for children to purchase for parents, grandparents and family Open 11.00 am – 2.00pm
Monday December 22nd	Christmas Film	Community Families	Family Christmas Film Night – early visit from Santa Doors open 6.00 for 6.30 start Hot dogs and snacks for children.